

2020 CYC VOLLEYBALL RULE CHANGES

CYC SPORTS SPECIAL NOTES

MINIMUM PLAYING REQUIREMENT

3rd to 5th Grade - With the change in the number of serves to 5 serves maximum, clarification of the substitution rule and the use of a team line-up sheet, the 25% piece will be satisfied.

6th to 8th Grade- All eligible players on the bench must participate in each set of each match. Failure to do so may result in forfeiture. The District Chairman or Sports Chairman has the authority to further discipline the coach or manager. Failure of a player to appear in any set may cause forfeiture of that set. It is strongly recommended that each player be allowed to play in all 6 positions before being substituted. Coaches must play each player at least 25% of each match.

****NOTE:** The procedure to calculate playing time for Archdiocesan Playoff matches will be adjusted as follows:

- 5th Grade - With the change in the number of serves to 5 serves maximum, clarification of the substitution rule and the use of a team line-up sheet, the 25% piece will be satisfied. No further recording of time or points will be needed.

- 6th thru 8th - Each player must play 24 points in each match (2 or 3 sets) but, does not have to play in each set.

4.3 UNIFORM AND EQUIPMENT

4.3.1 A player's uniform consists of a jersey and shorts. Long sleeves and/or long pants are permissible.

4.3.6 Cloth face coverings and gloves are permissible.

4.5 FORBIDDEN OBJECTS

4.5.3 The use of artificial noisemakers shall be prohibited.

6.2 SETS AND MATCHES

6.2.1 In 3rd and 4th Grade divisions, league matches shall consist of three (3) 21 point sets using rally scoring, with a maximum time limit for each set of 15 minutes. The clock will start upon contact of the ball by the server after the official's whistle for service. The clock will be stopped during timeout or by an officials' time-out if conditions occur that unfairly penalize the teams in playing time (Ball going into spectator groups, up in balconies or stages, etc.)

Sets shall end at the expiration of the 15-minute time period. A team may win by 1 or a set may end in a tie.

6.2.2 In 5th Grade and above divisions, league matches shall consist of three (3) 21 point sets using rally scoring with no time limit. Team must have a minimum lead of two points, and there will be a 23 point cap on each set.

During District and Archdiocesan Playoffs, a match will consist of the best 2 out of 3 sets to 21 points using rally scoring, with no time limit or cap on any set.

7.1 COIN TOSS

7.1.1 Before the warm-up, the first referee conducts a pre-match conference (which the head coach may attend) and coin toss in the presence of one captain from each team from center court. Visiting team shall call the first toss. The winner of the coin toss chooses the right to serve or to receive the service.

7.1.2 Before the beginning of the third or deciding set of the match, either referee shall administer a new coin toss from center court. The captain from the home team shall call the coin toss for the third or deciding set. The winner of the coin toss chooses the right to serve or to receive the service. The loser takes the remaining choice.

7.2 WARM UP

Team warm up will consist of 2 minutes shared time, then 2 minutes for the receiving team on their side only, then 2 minutes for the serving team on their side only.

7.3 STARTING LINE-UP

7.3.1 At least two minutes before the start of a match and 30 seconds prior to the expiration of the intermission between sets, a coach submits the team's starting line-up on a signed line-up sheet to the second referee or scorer. For 5th Grade and below divisions, the line up sheet will indicate the order of play of the entire team, for the entire match. Any late arriving players will be added to the bottom of the line-up sheet.

12.4.8 3rd/4th/5th GRADE DIVISIONS

In the 3rd/4th/5th Grade Divisions, overhand serves are allowed. In any one service rotation, a maximum of five points is allowed to be scored. After the fifth point is scored a side-out will be declared. In addition, for 3rd and 4th Grade divisions, a second attempt on a missed first serve will be allowed. A miss on any subsequent attempt during that service rotation will result in a side-out.

15.3 SUBSTITUTIONS

15.3.1 5th Grade & Below Divisions

When there are legal substitutes on the bench, a substitution must be made in position 6, via a rotational sub procedure. Rotational sub means each time the serving team rotates, the player in position 1 (former server) must sub out and the substitute will assume position 6. Only the serving team will substitute. Rotation order as indicated on the team line-up will indicate the order of substitution of the players. Each team must follow this order of players throughout the entire match. The second and third sets will continue with the next server on the initial lineup sheet for both teams. The receiving team begins the next set with each player in the last rotation from previous set. The serving team advances all players one rotation to the next server on the lineup sheet.

15.7 SUBSTITUTION PROCEDURE

15.7.1 Substitution must be carried out within the substitution zone, as close to the attack line as possible.

18.2 CHANGE OF COURTS – Not used for 2020

Teams will stay on the same side and bench for all sets.